

# Vegan Cooking Demonstration

Day: Thursday  
Time: 3:30 pm  
Duration: 30 Minutes  
Location: Tara Lounge  
Instructor: One of our fabulous Chefs



## In a Nutshell



Join us at Tara Lounge and enjoy a refreshing glass of infused water while observing the chef demonstrate and prepare one of our typical vegan dishes for you. Our chef will be happy to answer all your questions, so you can surprise your loved ones at home with a new, healthy dish.

## Why you need this Class and what it does for you

We all know the feeling of coming home at night, not knowing what to eat. We don't want to spend another hour standing in the kitchen, so it has to be a quick meal. At the same time it needs to be tasty and healthy and feed both ourselves and our partner or family. We are here to inspire you with a short show and tell presentation, after which you can taste and judge if the dish is to your liking. In a world full of fast food, take out, artificial sweeteners and deceiving food labels we offer to bring you back to the roots. Not every meal needs to have meat in it. Not every meal should be packed with loads of sugar and salt. We intend to take your taste buds on a journey of natural, yet strong flavors that satisfy your appetite. Here at Bucuti we are proud to serve organic food, free of pesticides and preservatives and full of taste and nutrition.

## The Instructor

Our fabulous chefs love to stick their heads out of the kitchen to show you face to face the magic they perform on a daily basis. All our chefs enjoy the personal interaction with our guests and love to share their knowledge and experience with you.

