



INTERMEZZO

Day Spa

A large, light-colored decorative graphic of a branch with several leaves and small buds, extending from the bottom left towards the center of the page.

www.arubaspa.com

MASSAGES

RELAXING MASSAGE (60 minutes) **\$75**

This full body massage instantly relieves stress and is ideal for everybody.

AROMATHERAPY (60 minutes) **\$75**

A special blend of essential oils, derived from sandalwood and lavender, aid relaxation, rejuvenation and balancing the energy level of body, mind and spirit.

NECK & SHOULDER MASSAGE (45 minutes) **\$60**

With all the healing attention focused on the back, this massage is very therapeutic.

ACUPRESSURE MASSAGE (60 minutes) **\$75**

A relaxing massage involving the use of finger pressure on specific points along the body. It is a way of accessing and releasing blocked energy centers in the body.

SPORTS MASSAGE (60 minutes) **\$85**

A deep therapeutic massage that includes stretching, which has an energizing effect.

DEEP TISSUE MASSAGE (60 minutes) **\$85**

A therapeutic massage for those suffering from back pain, muscle strain or severe stress.

HOT STONE MASSAGE (60 minutes) **\$85**

The healing powers of stones have been known to mankind for centuries; experience this incredible massage, with smooth warm volcanic stones.

Please inquire in advance as the following massages are subject to availability.

SHIATSU **\$85**

REFLEXOLOGY **\$45**

THAI MASSAGE **\$85**

FACIALS

PICOLO FACIAL (30 minutes) **\$50**

A customized deep cleansing mask to nourish the skin for those who desire less intense facials.

STANDARD FACIAL (60 minutes) **\$65**

A skilled aesthetician customizes a formula for your specific skin care needs, includes steam treatment, extractions, a mask and a facial massage.

DI LUSSO FACIAL (90 minutes) **\$75**

Includes all the facets of the standard facial and features additional treatments for hands and eyes.

WRAPS

Our body wrap recipe includes a fresh daily blend of ingredients that features special herbs and oils used in conjunction with a process that extracts and absorbs interstitial fluids through the pores of your skin into the elastic wrapping bandages. This leaves empty pockets between fat cells that are compressed by the body wrapping bandages and results in immediate reduction of body weight which gives you an immediate reduction in size. The more times you perform a body wrap the faster and better the results. You will be amazed at how soft and healthy your skin will feel and look after our body wraps.

You can use your body wrap kits to combat the fat on many areas of the body. Many of the places that retain water are neck, calves and thighs, waist, large hips, buttocks, loose upper and lower arm areas, and your stomach areas. Results may vary.

FANGO WRAP (60 minutes) **\$65**

Nutritious minerals from mud and essential oils are the ingredients used to create this warm body mask, designed to nurture your spirit and replenish your skin's natural fluids.

AROMATHERAPY WRAP (60 minutes) **\$65**

A delightful relaxing lavender-based wrap, which refreshes your skin and leaves a lovely fragrance.

NOURISHING WRAP (60 minutes) **\$65**

This wrap is designed to bring relief to sun-tight skins and restores overexposed skin. Its ingredients are essential oils, Aruba's aloe and calming creams.

PACKAGES

ETERNITA (4 hours) **\$240**

To help you feel eternally youthful, INTERMEZZO has created a beautiful four hour spa retreat to soothe your body, face and soul. A deliciously fruity body scrub, followed by a refining mud wrap, a relaxing massage, a piccolo facial, and your choice of spa manicure or spa pedicure.

AROMA DI VITA (3 hours) **\$190**

The flowers, fruits and plants, have powerfully healing ingredients for the skin. That is why INTERMEZZO takes the main elements from nature to nourish the body during this three hour fragrance treatment and lets your skin glow in the perfect mood. This package includes a massage, scrub & wrap.

REFINAMENTO PER IL CORPO (3 hours) **\$190**

The unique finely granulated pumice, mixed with the most delicious and fresh natural aromatic foam, takes away dull surface skin cells and renews the skin.

To complete this extraordinary body treatment, INTERMEZZO includes a luxurious porcelain body treatment finished by a relaxing massage.

IL BRONCE PERFETTO (3 hours) **\$190**

This is the ideal preparation to encourage a perfect tan on your face and body. This luxurious series of treatments is performed by our sun specialist who will advise you on the best way to benefit from the power of the Aruban sun. It includes a massage, scrub & wrap.

PICOLO ARUBA (2 hours) **\$115**

A quick, refreshing series of treatments giving you the best of what Aruba has to offer. It includes a fresh aloe scrub and a standard facial.

SONATA DI LUNA (3 hours, price per couple) **\$190**

A perfectly romantic get-away for a couple, this package consists of a one hour massage per person, a delicious lunch for two and a bottle of sparkling wine. Exclusively at the Intermezzo Spa on De Palm Island.

SCRUBS

Renew your entire being. Promote relaxation, restore energy and achieve a state of balance. Mineral rich sea salts are combined with moisturizing aromatherapy oils to create a purifying scrub that is massaged over your arms, legs and back to exfoliate and soften rough, dry areas. The scrub is followed by a cleansing application of hot towels infused with green tea. Scrubs stimulate cellular regeneration improve the skin's tone and texture, remineralise the body, soothe sore muscles, benefit the circulation and assist in the elimination of impurities. This leaves your skin velvety soft and glowing with health and vitality.

COFFEE BODY SCRUB (60 minutes) **\$75**

The magnificent aroma and natural qualities of coffee are the perfect carrier for this delicious exfoliation.

FRUITY BODY SCRUB (60 minutes) **\$75**

Our therapist will exfoliate exhausted skin cells with this concoction of apricot pits and strawberries. It will leave your skin silky, smooth and glowing.

SOOTHING BODY SCRUB (60 minutes) **\$75**

For those with a very sensitive skin, this exfoliation will boost circulation and will replenish your skin.

THE SALON

NAIL CARE

Spa Manicure	\$25
Spa Pedicure	\$35
Polish Change	\$10
Acrylic Nail Wrap & Tips	from \$70

DEPILATORY WAXING

Chin	\$10
Eyebrows	\$15
Upper Lip	\$10
Full Face	\$20
Bikini	\$35
Half Arms	\$25
Full Arms	\$40
Half Legs	\$35
Full Legs	\$50
Back	\$45

Spa Hours

Monday through Saturday 9:00 am - 6:00 pm

Sunday 10:00 am - 6:00 pm

Spa services are available by appointment.

Spa Etiquette

Cancellations must be made at least 4 hours prior to your scheduled appointment, thus avoiding a \$15 per treatment cancellation charge.

Please arrive at least 10 minutes prior to your scheduled appointment to familiarize yourself with the facilities and get in the right frame of mind for the pampering process.

Robes & slippers are provided for your comfort.

To maintain the relaxed mood throughout our facilities, we ask that you please respect the low levels of volume.

Tipping for excellent service is appropriate and appreciated.

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